

DISCUSSION QUESTIONS:

1. Jesus says that anyone who wants to be his disciple must take up his cross and follow. What does that mean for Christians today? Give examples.

2. What is the difference between the storm that the disciples face on the Sea of Galilee and Jesus' 'storm' in Gethsemane?

3. What is the difference between a cross to bear and other hardships that come into our lives (sickness, accidents, relational issues, depression, other catastrophes)?

5. What are some ways we can help fellow believers bear their burdens?

6. Hebrews 5:8 it is written that Christ "learned obedience through his suffering." What do you think that means? Did Christ need to learn something? How do you think learning obedience through suffering plays out in your life?

7. What do you think the purpose of believers "taking up a cross" is?

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